

Developed by:

Chef Jess

MIDDLE EASTERN COUSCOUS SALAD



INGREDIENTS

1 Tbps Butter

1 ½ C Israeli couscous, toasted

2 1/4 cupsVegetable broth, warmed

1/2 tsp Salt

1/2 cups Olive oil

1/4 cup Lemon juice

1 tbsp Italian parsley, fresh, minced

1/4 tsp Thyme, fresh, minced

1/2 cups Red Bell Pepper, cored, seeded, 1/4-inch dice

1/2 cups Daily Chef Whole Kosher Petite Dill Pickles, 1/4-inch dice

1/2 cups Almonds, slivered, toasted

1/2 cups Red onion, peeled, cut into 1/4-inch half moon slices

1/2 cups Currants, dried

1 cup Cherry tomatoes, cut in half

1/4 lbs Feta cheese, crumbled



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PROCEDURE

To Prepare Couscous:

- 1. Melt butter in a large stockpot.
- 2. Add toasted couscous; cook and stir for 5 minutes or until browned.
- 3. Add warm vegetable broth and salt. Bring to a simmer.
- 4. Reduce heat; cover and cook for 10 minutes or until liquid is absorbed.
- 5. Remove from heat. Cool to room temperature.

To Make Dressing:

In a bowl, whisk olive oil, lemon juice, parsley, and thyme.

To Assemble Salad:

- 1. In a large bowl, combine couscous, red pepper, Schwartz's® Sweet Gherkin Pickles, slivered almonds, red onion, currants, cherry tomatoes, and feta cheese.
- 2. Drizzle with lemon dressing; stir to combine.

Yield: 6 Servings