

Kimchi Cheddar Burgers

- Makes 2 servings -

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Ingredients

- 1 tablespoon sesame oil
- 1 tablespoon Sriracha
- 1 tablespoon soy sauce
- 1 pound ground beef
- 2 ounces Cabot Extra Sharp Cheddar, sliced or Extra Sharp Cracker Cuts
- 2 tablespoons Cabot Plain Lowfat Greek Yogurt
- 1/2 teaspoon soy sauce
- 1 tablespoon Sriracha
- 2 burger buns
- 1/4 cup mild kimchi

Directions

Prep: 5 mins | Cook: 15 mins | Total: 20 mins

COMBINE first 3 ingredients in a small bowl. Shape beef into 2 patties.

PLACE patties over a medium-hot grill; brush with sesame oil mixture. Cook 5 minutes; brush with remaining mixture. Continuing cooking patties 5 minutes per side until desired degree of doneness (at least 10 minutes). Just before removing from grill, top with Cheddar and let melt.

COMBINE Greek Yogurt, ½ teaspoon soy sauce and 1 tablespoon Sriracha in a small bowl. Spread over cut-side of top burger buns. Layer patties on bottom burger buns. Top with kimchi and bun tops.

Nutrition Facts

Servings 2: Calories: 800

% Daily Value

 Total Fat: 52g
 80%

 Saturated Fat: 20g
 100%

 Cholesterol: 185mg
 62%

^{*}For added convenience use any flavor of Cabot's ready-to serve Cracker Cuts.

Sodium: 1850mg	77%
Carbohydrates: 27g	9%
Dietary Fiber: 4g	16%

Protein: 56g

Calcium: 319mg 30%