

Diced Red & Green Peppers

+ PREPARATION:

Simmer in water until tender.
Simply mix with soups, salads,
or sauces.

+ INGREDIENTS:

Dehydrated diced red and green
peppers.

Nutrition Facts

Serving Size: 1 Tbsp (about 4g)
Servings Per Container: about 73.5

Amount Per Serving

Calories: 13 Cal from Fat: 0
% Daily Value*

Total Fat 0g **0%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 4mg **0%**

Total Carb 3g **1%**

Dietary Fiber less than 1g

Sugars 1g

Protein 1g

Vitamin A 20% • Vitamin C 130%

Calcium 0% • Iron 2%

*Percent Daily Values are based on a
2,000 calorie diet.

MFD

LOT#

SHELF LIFE UP TO 20 YEARS IF STORED IN A COOL, DRY PLACE

MANUFACTURED FOR THE READY PROJECT, LLC

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