



Gold Medal Products Co.  
 10700 Medallion Drive 1-800-543-0862  
 Cincinnati, OH 45241 Fax 1-513-769-8500  
 www.gmpopcorn.com

## 2427 Carmel Popcorn

Number of Servings: 46.0008 (49.6108 g per serving)

Weight: 2282.1366 g

<b>Nutrition Facts</b>	
Serving Size 1.75 oz (50g)	
Servings Per Container 2	
Amount Per Serving	
<b>Calories 210</b>	<b>Calories from Fat 50</b>
% Daily Value*	
<b>Total Fat 6g</b>	<b>9%</b>
Saturated Fat 4.5g	<b>23%</b>
Trans Fat 0g	
<b>Cholesterol 0mg</b>	<b>0%</b>
<b>Sodium 160mg</b>	<b>7%</b>
<b>Total Carbohydrate 39g</b>	<b>13%</b>
Dietary Fiber 2g	<b>8%</b>
Sugars 26g	
<b>Protein 1g</b>	
Vitamin A 10%	• Vitamin C 4%
Calcium 2%	• Iron 4%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000    2,500
Total Fat	Less than 65g    80g
Saturated Fat	Less than 20g    25g
Cholesterol	Less than 300mg    300mg
Sodium	Less than 2,400mg    2,400mg
Total Carbohydrate	300g    375g
Dietary Fiber	25g    30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

### Ingredients:

Sugar, brown sugar, popcorn (popped popcorn kernels), corn syrup solids, popping oil (coconut oil, hydrogenated coconut oil and cottonseed oil, partially hydrogenated soybean oil, beta carotene, natural and artificial flavors), molasses, salt, soy lecithin, soybean oil, cream of tartar, artificial flavors, FD&C yellow #5 (E102), and FD&C yellow #6 (E110).

### Allergens:

Contains Soy.