

Southwest Chili Mix Pouch

Servings	Soup Mix	Water
3	1 1/2 cups	3 1/8 cups
6	Pouch contents	6 1/4 cups

DIRECTIONS:

- 1. Whisk soup mix into boiling water.
- 2. Simmer on low heat for 20-25 minutes.
- 3. Stir frequently. (For a thicker soup, reduce water by 1/4 cup.)

Variations for whole pouch preparation:

- Add 1 lb browned ground beef or stew meat
- Sprinkle with shredded cheese
- · Add sour cream
- · Add diced onions
- Add guacamole or sliced avocado

Try our other appetizing varieties:

Delectable Cheesy Broccoli Luscious Cheesy Potato Rich Creamy Potato Inviting Chicken Noodle

INGREDIENTS: Pinto beans, flour (wheat flour, malted barley flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), dehydrated tomato paste, cumin, chicken soup base (corn syrup solids, salt, corn starch, hydrolyzed corn, soy protein, rendered chicken fat, sugar, onion powder, disodium inosinate, disodium guanylate, spices, turmeric, dehydrated parsley, silicon dioxide), sugar, sour cream powder, chili pepper powder, chopped onion, garlic powder, onion powder, oregano.

Contains allergens: Wheat, dairy and soy.

Processed in a plant that handles wheat, egg, dairy, soybean, peanut, cashew, walnut and almond products.

Serving Size: 1/2 cup (53g) Servings Per Container: 6 **Amount Per Serving** Calories 140 Calories from Fat 20 % Daily Value* Total Fat 2.5g 4% 0% Saturated Fat 0g Trans Fat 0g Cholesterol 5mg 1% Sodium 380mg 16% **Total Carbohydrate 32g** 11% **54**% Dietary Fiber 13g Sugars 6g Protein 8a Vitamin A 8% Vitamin C 4% Iron 25% Calcium 6% *Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. Calories 2,000 2,500 Total Fat 80g Less than 65a 20g Sat Fat 25g Less than Cholesterol Less than 300mg 300mg Sodium Less than 2400mg 2400mg Total Carbohydrate 300a 375g Dietary Fiber 25g 30g Calories per gram: Fat 9 Carbs 4 Protein 4

Nutrition Facts

26042-1012

6 SERVINGS NET WT. 11.3 OZ (320 g)