



Cheesy Broccoli Soup Mix Pouch

Servings	Soup Mix	Water
4	2 cups	4 1/4 cups
8	Pouch contents	8 1/2 cups

DIRECTIONS:

1. Whisk soup mix into boiling water.
2. Simmer on low heat for 12-15 minutes.
3. Stir frequently. (For a thicker soup, reduce water by 1/4 cup.)

Variations for whole pouch preparation:

- Add 2 cups frozen mixed vegetables
- Great in casseroles

Try our other appetizing varieties:

- Rich Creamy Potato*
- Luscious Cheesy Potato*
- Inviting Chicken Noodle*
- Scrumptious Southwest Chili*

INGREDIENTS: Creamer (maltodextrin, palm oil), cheese base (whey, buttermilk solids, cheeses [granular and cheddar {pasteurized milk, cheese culture, salt, enzymes}], whey protein concentrate, salt, sodium phosphate, citric acid, FD&C Yellow #5, FD&C Yellow #6, lactic acid, enzyme), flour (wheat flour, malted barley flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), maltodextrin, broccoli, cornstarch, chicken bouillon (chicken soup base [corn syrup solids, salt, cornstarch, hydrolyzed corn, soy protein, rendered chicken fat, sugar, onion powder, disodium inosinate, disodium guanylate, spices, turmeric, dehydrated parsley, silicon dioxide], salt, sugar, yeast extract, sweet whey, turmeric, garlic powder, caramel color, dehydrated onion), celery.

Contains allergens: Wheat, dairy and soy.

Processed in a plant that handles wheat, egg, dairy, soybean, peanut, cashew, walnut and almond products.

Nutrition Facts			
Serving Size: 1/2 cup (46g)			
Servings Per Container: 8			
Amount Per Serving			
Calories 180		Calories from Fat 60	
		% Daily Value*	
Total Fat	6g		10%
Saturated Fat	3.5g		17%
<i>Trans Fat</i> 0g			
Cholesterol	5mg		2%
Sodium	1030mg		43%
Total Carbohydrate	29g		10%
Dietary Fiber	less than 1g		3%
Sugars 7g			
Protein	4g		
Vitamin A 2% • Vitamin C 50%			
Calcium 10% • Iron 4%			
*Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.			
	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2400mg	2400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per gram: Fat 9 Carbs 4 Protein 4			

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8 SERVINGS
NET WT. 13.0 OZ (368 g)