

# Southwest Chili Mix

#### Soups & Sauces

Augason Farms Soups and Sauces are MSG-free. Great to use everyday or just to have on hand.

#### Southwest Chili Mix

Augason Farms Southwest Chili Mix is sweet and spicy. Mix with cheese powder for a delicious hot queso dip.

#### Chili Queso Dip

1 cup Augason Farms Southwest Chili Mix

2 cups water

1 – 15 oz jar processed cheese

Mix chili and water in saucepan. Bring to a low boil, simmer 12-15 minutes. Stir in processed cheese and heat through. Serve with tortilla chips.

## Easy Chili Cornbread Casserole

2 cups Augason Farms Southwest Chili Mix

5 cups water

1 can corn, drained

1 can diced tomatoes

1/4 cup Augason Farms Dehydrated Chopped Onions

3 cups Augason Farms Honey Cornbread Muffin Mix

1 1/2 cups water

1/2 cup grated sharp cheddar cheese

Mix chili and water in large pot. Bring to a low boil, add corn, tomatoes, and onions, simmer 12-15 minutes. Place in a 9x13" baking dish. Combine cornbread mix with water and cheese. Gently spread cornbread mix on top of chili. Bake at 400°F about 15 minutes, or until cornbread is done.

# **DIRECTIONS:**

Servings	Chili Mix	Water	Spices
2	2/3 cup	2 1/4 cups	2 rounded tbsp
4	1 1/3 cups	4 1/2 cups	1/4 rounded cup
6	2 cups	6 1/2 cups	1/2 rounded cup

- 1. Whisk chili mix and spices into boiling water.
- 2. Simmer on low heat for 12-15 minutes.
- 3. Stir frequently.

For a thicker chili, reduce water by 1/4 cup.

# **Nutrition Facts**

Serving Size 1/3 cup (49g) Servings Per Container 34

Servings Per Container 34					
Amount Per S	Serving				
Calories <sup>2</sup>	160	Cal	ories fro	m Fat	0
			%	Daily Va	alue*
<b>Total Fat</b>	0g			(	<b>)</b> %
Saturate	d Fat C	)g		(	<b>)</b> %
Trans Fa	t 0g				
Choleste	rol 0m	g		(	<b>)</b> %
Sodium 9	50mg			40	<b>)</b> %
Total Carl	bohyd	rate	31g	10	<b>)</b> %
Dietary F	iber 8	9		34	<b>1</b> %
Sugars 4	·g				
Protein 8	9				
Vitamin A	10%	•	Vitamin	C 6	0%
Calcium	6%	•	Iron	1	0%
*Percent Da	-				

lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2400mg	2400mg
Total Carboh	ydrate	300g 375g	
Dietary Fiber		25g	30g
Calories per	gram: Fat 9	Carbs 4	Protein 4

INGREDIENTS: Pinto beans, red beans (small precooked), modified food starch, chopped onion, beef base (salt, hydrolyzed soy protein [including partially hydrogenated soybean oil], sugar, torula yeast, corn starch, caramel color, maltodextrin, onion powder, yeast extract and natural flavor, citric acid, silicon dioxide), red and green bell peppers, dehydrated tomato paste, salt, chili pepper powder, sugar, chicken soup base (corn syrup solids, salt, corn starch, hydrolyzed corn, soy protein, rendered chicken fat, sugar, onion powder, disodium inosinate, disodium guanylate, spices, turmeric, dehydrated parsley, silicon dioxide), xanthan gum, garlic powder, cumin, and caramel color.

### Contains allergen: Soy.

Processed in a plant that handles wheat, egg, dairy, soybean, peanut, cashew, walnut, and almond products.

Contains oxygen absorber. Discard immediately upon opening.

Shelf Life: Best when stored in a cool dry place at temperatures between 55° and 70° F (ideal humidity 15%). Sealed: to 10 years / Opened: to 1 year

Shelf life estimates are based on industry studies from sources deemed reputable. Since Augason Farms has no control over individual storage practices, they must disclaim any liability or warranty for particular results.

**34 SERVINGS NET WT. 3 LBS 12.0 OZ (1.70 kg)**