



Quality Food Storage from Augason Farms

Ultimate Freeze Dried Vegetable Variety 6 Pack

Freeze Dried Diced Potatoes

22 Servings (6 pails/132 total servings)
NET WT 10.9 oz (308 g)



Freeze Dried Peas

30 Servings (6 pails/180 total servings)
NET WT 13.8 oz (390 g)



Freeze Dried Cauliflower

60 Servings (6 pails/360 total servings)
NET WT 4.2 oz (120 g)



Freeze Dried Broccoli Florets & Stems

30 Servings (6 pails/180 total servings)
NET WT 4.2 oz (120 g)



Freeze Dried Sweet Corn

40 Servings (6 pails/240 total servings)
NET WT 14.03 oz (396.9 g)



Freeze Dried Green Beans

40 Servings (6 pails/240 total servings)
NET WT 4.2 oz (120 g)



Dehydrated Chopped Onion

24 Servings (6 pails/144 total servings)
NET WT 2.5 oz (72 g)



Nutrition Facts																						
Serving Size: 1/3 cup (14g) Servings Per Container: About 22																						
Amount Per Serving	Calories from Fat 0																					
Calories 50																						
% Daily Value*																						
Total Fat 0g	0%																					
Saturated Fat 0g	0%																					
Trans Fat 0g																						
Cholesterol 0mg	0%																					
Sodium 25mg	1%																					
Total Carbohydrate 11g	4%																					
Dietary Fiber 3g	11%																					
Sugars 0g																						
Protein 2g																						
Vitamin A 2%	Vitamin C 25%																					
Calcium 0%	Iron 6%																					
*Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.																						
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Nutrition Facts																						
Serving Size: 1/4 cup (13g) Servings Per Container: About 30																						
Amount Per Serving	Calories from Fat 0																					
Calories 50																						
% Daily Value*																						
Total Fat 0g	0%																					
Saturated Fat 0g	0%																					
Trans Fat 0g																						
Cholesterol 0mg	0%																					
Sodium 0mg	0%																					
Total Carbohydrate 9g	3%																					
Dietary Fiber 3g	12%																					
Sugars 3g																						
Protein 3g																						
Vitamin A 8%	Vitamin C 40%																					
Calcium 2%	Iron 4%																					
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Nutrition Facts																						
Serving Size: 1/4 cup (2g) Servings Per Container: About 60																						
Amount Per Serving	Calories from Fat 0																					
Calories 5																						
% Daily Value*																						
Total Fat 0g	0%																					
Saturated Fat 0g	0%																					
Trans Fat 0g																						
Cholesterol 0mg	0%																					
Sodium 0mg	0%																					
Total Carbohydrate 0g	0%																					
Dietary Fiber less than 1g	2%																					
Sugars 0g																						
Protein 1g																						
Vitamin A 0%	Vitamin C 20%																					
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Amount Per Serving	Calories from Fat 0																					
Calories 10																						
% Daily Value*																						
Total Fat 0g	0%																					
Saturated Fat 0g	0%																					
Trans Fat 0g																						
Cholesterol 0mg	0%																					
Sodium 10mg	0%																					
Total Carbohydrate 2g	1%																					
Dietary Fiber 1g	5%																					
Sugars 1g																						
Protein 1g																						
Vitamin A 15%	Vitamin C 60%																					
Calcium 2%	Iron 2%																					
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Amount Per Serving	Calories from Fat 0																					
Calories 35																						
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Total Fat 0g	0%																					
Saturated Fat 0g	0%																					
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Calories 10																						
% Daily Value*																						
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Calories 10																						
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INGREDIENTS: Potatoes

INGREDIENTS: Peas

INGREDIENTS: Cauliflower

INGREDIENTS: Broccoli

INGREDIENTS: Corn

INGREDIENTS: Green Beans

INGREDIENTS: Onions

OPTIMUM SHELF LIFE: UP TO 20 YEARS

Processed in a plant that handles wheat, egg, dairy, soybean, peanut, cashew, walnut and almond products

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