Honey Coated Banana Slices

Certified GF Gluten-Free

Fruits

Dehydrated fruits are dried by a low heat process that removes moisture. The size of the fruits will shrink, which means there will be more servings in each container.

Honey Coated Banana Slices

Augason Farms Honey Coated Banana Slices are baked then cooked in vegetable and coconut oil with sugar and honey. They're sweet and delicious without any additives.

Banana Chip Trail Mix

2 cups granola
1 cups Augason Farms Honey Coated Banana Slices
1 cup raisins
1 cup sunflower seeds
1 cup shredded coconut
1 cup chocolate chips

Banana Chip Cookies

2 1/4 cups flour
1/2 teaspoon baking soda
1/2 teaspoon baking powder
1/2 teaspoon salt
1/2 cup unsalted butter
1 cup brown sugar
3 tablespoons Augason Farms Scrambled Egg Mix + 1/3 cup water
2 teaspoons vanilla
2/3 cup Augason Farms Honey Coated Banana Slices– coarsely chopped
1 cup chocolate chips
2/3 cup toasted walnuts – chopped

Preheat oven to 375°F. Whisk together the flour, baking soda, baking powder, and salt. Set aside.

In a large bowl, beat the butter until light and fluffy, then beat in sugar, until it is the consistency of thick frosting. Beat the egg mix in slowly, scraping the sides of the bowl occasionally. Stir in the vanilla. Add the reserved flour mix in two increments, stirring a bit between each. Do not over mix. By hand, stir in banana chips, chocolate chips, and walnuts just until everything is incorporated. Drop by heaping tablespoons onto baking sheets. Bake for 7-8 minutes, until barely golden.
Do not overbake.

Nutrition Facts

Serving Size: 1/2 cup (44g)
Servings Per Container: 144

Amount Per Serving	
Calories 240	Calories from Fat 140
	% Daily Value*
Total Fat 16g	**24%**
Saturated Fat 14g	**71%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 0mg	**0%**
Total Carbohydrate 19g	**6%**
Dietary Fiber 2g	**6%**
Sugars 13g	
Protein 0g	

Vitamin A	0%	• Vitamin C	0%
Calcium	10%	• Iron	0%

*Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2400mg	2400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram: Fat 9 Carbs 4 Protein 4

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DIRECTIONS:

Eat as a snack, add to cereals, granolas, or desserts.

Do Not Rehydrate.

This product is inherently gluten free and packaged at Augason Farms' Certified Gluten Free Manufacturing and Packaging Site to prevent cross contamination. The product's taste and consistency are the same as the standard non-gluten-free product.

INGREDIENTS: Bananas, coconut/vegetable oil, sugar/honey, natural flavoring.

Contains Allergen: Coconut.

Processed in a dedicated gluten free manufacturing and packaging site.

Contains oxygen absorber. Discard immediately upon opening.

Shelf Life: Best when stored in a cool dry place at temperatures between 55° and 70° F (ideal humidity 15%). Sealed: to 10 years / Opened: to 1 year

Shelf life estimates are based on industry studies from sources deemed reputable. Since Augason Farms has no control over individual storage practices, they must disclaim any liability or warranty for particular results.

144 SERVINGS
NET WT. 14 LBS (6.35 kg)