



Orange Teriyaki with Freeze Dried Chicken Kit

DIRECTIONS for 2 Servings:

2/3 cup rice, 2/3 cup sauce mix, 2 cups water.

Add ingredients to boiling water; stir well. Reduce heat. Cook on a low boil 15-18 minutes, stirring frequently.

Refrigerate after opening.

INGREDIENTS: Enriched precooked long grain rice (rice, niacin, iron [ferric orthophosphate], thiamine [thiamine mononitrate], folic acid), orange delight drink (sugar, citric acid, orange juice powder [corn syrup solids, natural flavors {contains orange juice solids}, citric acid, BHT], natural and artificial orange flavor, sodium citrate, ascorbic acid, FD&C Yellow #6), freeze dried chicken chunks, chicken soup base (corn syrup solids, salt, corn starch, hydrolyzed corn, soy protein, rendered chicken fat, sugar, onion powder, disodium inosinate, disodium guanylate, spices, turmeric, dehydrated parsley, silicon dioxide), chopped onion, teriyaki flavor (powdered soy sauce, salt, toasted sesame seed oil, silicon dioxide [anti-caking agent], natural flavor, soybean oil), red and green bell peppers, carrot dices, peas, garlic powder, salt.

Contains allergen: Soy.

Processed in a plant that handles wheat, egg, dairy, soybean, peanut, cashew, walnut, and almond products.

No added MSG.

Nutrition Facts

Serving Size: 1/3 cup rice + 1/3 cup sauce mix (87g)

Servings Per Container: 14

Amount Per Serving			
Calories 300		Calories from Fat 5	
		% Daily Value*	
Total Fat	0.5g		1%
Saturated Fat	0g		0%
Transfat	0g		
Cholesterol	15mg		4%
Sodium	1150mg		48%
Total Carbohydrate	72g		24%
Dietary Fiber	less than 1g		3%
Sugars	29g		
Protein	11g		
Vitamin A	25%	•	Vitamin C 210%
Calcium	4%	•	Iron 10%
*Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.			
	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2400mg	2400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per gram:	Fat 9	Carbs 4	Protein 4

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Contains oxygen absorber. Discard immediately upon opening.

Shelf Life: Best when stored in a cool dry place at temperatures between 55° and 70° F (ideal humidity 15%). Sealed: to 25 years / Opened: to 1 month

Shelf life estimates are based on industry studies from sources deemed reputable. Since Augason Farms has no control over individual storage practices, they must disclaim any liability or warranty for particular results.

14 SERVINGS
NET WT. 2 LBS 11.36 OZ (1.22 kg)